

Óbuda University Donát Bánki Faculty of Mechanical and Safety Engineering		Institute for Natural Sciences and Basic Subjects	
Name of the subject: Learning Methodology and Creative Solutions BTXTME1BNF			Credit: 3
<i>English language course</i>			
Mechatronics BSc			
Subject leader:	Dr. Tímea Lázár-Fülep	Lecturer:	Dr. Tímea Lázár-Fülep
Prerequisites:	-		
Weekly hours: 3	Lecture: 1	Group seminar: 2	Lab: 0
Requirements (s,v,f):	f – mid-term mark		
Course description:			
The purpose of the Learning Methodology and Creative Solutions course is for students to learn effective learning methods, develop their creativity and problem-solving skills, and improve their self-confidence and self-management skills e.g. time management and stress handling improving their resilience. The aim of the course is for Students to be able to develop and apply these skills in order to improve their academic and workplace results.			
Schedule:			
Classes	Topic		
1.	Introduction to the subject, teambuilding and learning meth training via group works		
2.	Learning meth and time management training via groups works		
3.	Time and stress management training via group works		
Conditions for the mid-term mark:			
The grade is based on attendance and active participation with giving presentation on some provided topics.			
Recommended books and notes:			
1. John B. Bigg and Catherine Tang (2011): Teaching for Quality Learning at University: What the Student Does . Society of Research in Higher Education and Open University Press, Berkshire, England			
2. Bowden J., F Marton, F. (1998) - The university of learning: Beyond quality and competence. Taylor and Francis Group			
3. Hellsten, Meeri; Prescott, Anne (2004): Learning at University: The International Student Experience. International Education Journal, v5 n3 p344-351, 2004.			

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subject leader